

Camp Baker Sample Menu Subject to Change

	Breakfast:	Lunch	Dinner
Sunday			Ham Steaks Mashed Potatoes Rolls Salad Bar
Monday	Biscuits and gravy Eggs Fruit and yogurt bar	Mac and cheese Chicken nuggets Steamed Broccoli	Hamburgers Tator Tots Salad Bar
Tuesday	Pancakes Sausage Eggs Fruit and yogurt bar	Nacho Bar: Cheese Beans Taco meat Salad bar	Chicken Sandwiches Tator Tots Salad Bar
Wednesday	Eggs Bacon Hash browns Fruit and yogurt bar	Grilled Cheese Tomato Soup Salad Bar	Rice bowls: Beans Chicken Yumm Sauce Salad Bar
Thursday	French Toast Sticks Sausage Eggs Fruit and yogurt bar	Teriyaki Chicken Rice Mac salad	Lasagna Rolls Salad Bar
Friday	Breakfast burritos Fruit and yogurt bar	Pulled Pork Buns Small Salad Bar	Pizza Salad Bar
Saturday	Breakfast sandwiches Apple Chips Milk		

Dairy/Gluten Free

	Breakfast:	Lunch	Dinner
Sunday			Ham Steaks Mashed Potatoes (w/ Almond Milk and margarine) GF Biscuits w/ Almond Milk and shortening Salad Bar GF Crumb Cake (w/ Almond Milk)
Monday	GF Biscuits and Jam Sausage links Eggs Fruit Cereal (w/ Almond milk)	GF/DF Mac and cheese GF Chicken nuggets Steamed Broccoli	Hamburgers GF Buns Tator Tots Salad Bar GF Crumb Cake (w/ Almond Milk)
Tuesday	GF Bisquick Pancakes Sausage Eggs Fruit Cereal (w/ Almond milk)	GF Tortilla Chips Beans Taco meat (Vegan shredded cheese available)	Chicken Breast w/ GF Bun Tator Tots Salad Bar GF Oreos
Wednesday	Eggs Bacon Hash browns Fruit Cereal (w/ Almond milk)	GF/DF Mac and cheese GF Chicken nuggets Salad Bar	Rice bowls: Beans Chicken Sauce Frozen Fruit bar Salad Bar
Thursday	GF Bread French Toast w/ Almond milk Sausage Eggs Fruit and yogurt bar Cereal (w/ Almond milk)	Pulled Pork GF Buns Salad Bar	Cauliflower noodles DF Alfredo Chicken Salad Bar Frozen Fruit bar
Friday	GF tortilla chips Eggs Breakfast meat (DF Cheese available) Fruit Cereal (w/ Almond milk)	Yumm bowls: Chicken Beans Rice Sauce DF shredded cheese available	GF/DF Frozen Pizza Salad Bar GF Oreos
Saturday	GF Bun w/ Sausage and vegan cheese Apple Juice		